

# Aspire Day Nursery Newsletter

Date - February 2017

Manager - Christine Moxon

Deputy Managers - Beth Watson and Hayley Hooper



## February 2017

Welcome to our February newsletter. I hope you find it useful and enjoy reading it.

## Happy Valentine's Day

### IMPORTANT DATE

This month we are planning on supporting a local cause 'love Kingston'. This is when local businesses and community groups raise money to support special causes in the local area.

On the 14<sup>th</sup> February we ask that all children wear something that relates to a love theme, whether it is a top with a heart on or something red etc.

Over the next week or so the children will be creating special pieces of art to go on display on the 14<sup>th</sup> February at the nursery. We then ask, as parents, you give a donation to take the art work home.

More details of how they will be displayed will be given out a few days before as we want to see if the weather is on our side, as ideally we would like to display altogether in the garden and create a little gallery, however if this is not possible they will be in the individual rooms. We hope you will enjoy their masterpieces and help support a worthy local cause. More information on 'love Kingston' can be found at <http://www.love-kingston.org.uk/>

### LANGUAGE OF THE MONTH

Our language of the month this month will be Spanish,  
if you have ideas to support this we would love to hear them.



### Infectious disease policy

This month we have introduced a new infectious disease policy. The policy can be found at the end of the nursery letter, as well as an updated version of the managing children who are sick, infectious or with an allergy policy.

### Sainsbury's active kid's vouchers

This year we will be collecting the active kids vouchers, if you have any or receive them when doing your shopping please bring them into the nursery.



Sainsbury's

**Active Kids 2017**

Eat well • Move well • Live well

## Explorers News

During February we will be celebrating valentines, and enjoy crafts that go alongside. We will continue with our winter theme, by exploring the outside world and sensory play.

## Discoverers News

With love in the air during February we will be working on being kind to others, playing together in small groups and learning to take turns.

We will make valentines cards and some valentine arts and crafts and sensory exploration

## Creators News

We're doing a Shark in the Park story board theme for February. The aim is working on the children being imaginative, learning new words, sensory exploration. For Valentine's Day we will be making cards for the children's parents using different arts and crafts. Our focus for the month is continuing to learn how to share with our friends by more focused group activities.

## Adventurers News

Our topic is fire, we have been learning about what we should do if there is a fire and also how we must not touch fire as it is hot! We have begun introducing the toilet to children who we believe are ready to begin the stages of toilet training. For valentines we will be decorating special surprises for loved ones.

## Inventors News

In Inventors we will be celebrating valentines, by making hearts to give to our special friends, whilst looking at friendships and being kind. Our themes for the month are as follows:

Story corner: hungry caterpillar

Math's: days of the week ( count from 1 to 7- using visual aids and props)

Role play: hospital ( doctor-nurse)

Literacy: body parts( hungry caterpillar words)

PSED: san valentines( love- friendship)

UTW: language of the month and life circle

Discovering area: insects

Art and craft: butterflies

Please ensure that you make sure the gate is fully closed behind you, as the gate has swelled in this weather

## Staffing

This month we will be saying goodbye to Grace in Explorers. Grace will be moving onto new things. We are currently looking for a replacement for Grace and will hopefully have news on this shortly. We wish Grace all the best for the future.

This month why not make some salt dough at home with your children. Salt dough can air dry and it's great for creating little master pieces.

### Ingredients

1 cup salt

2 cups of flour

$\frac{3}{4}$  cup of water

### Method

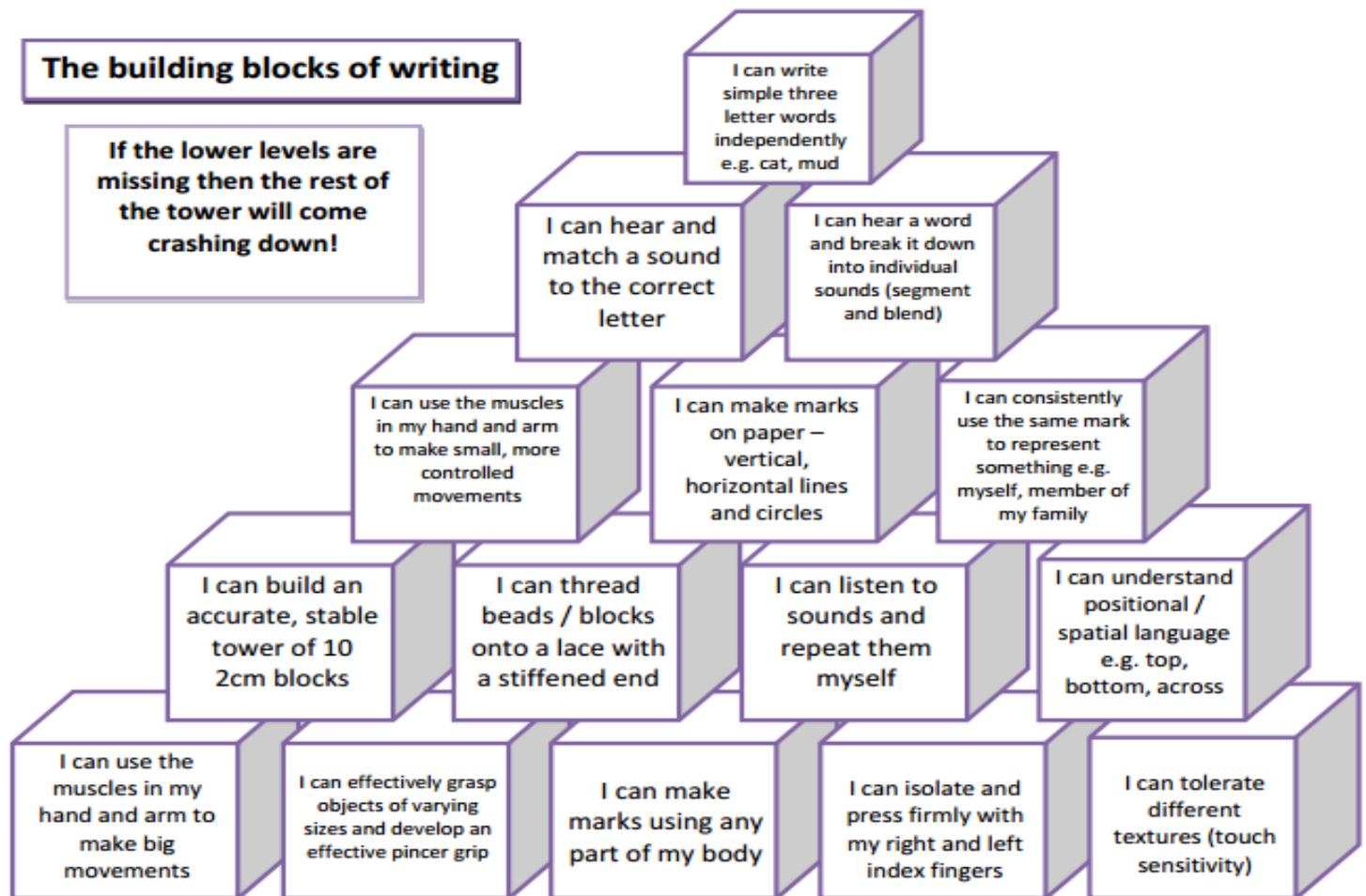
1. In a large bowl mix salt and flour together.
2. Gradually stir in water. Mix well until it forms a doughy consistency.
3. Turn the dough onto the bench and kneed with your hands until smooth and combined.
4. Make your creations using the salt dough. You could make various different shapes by hand or cutters.
5. Leave the salt dough to air dry for a couple of days
6. Decorate as required, this could be painting, drawing, sticking.

All age children can get involved with mix the ingredients together and the older children could help measure the ingredients out.



## The building blocks of writing

If the lower levels are missing then the rest of the tower will come crashing down!



## Reminders

### Sickness

If your child has had pain relief medication within 8 hours of nursery it is our policy that they do not come into nursery that day.

### Collecting your child

When collecting your children from nursery please ensure you are here by 6.10pm if you would like to receive a detailed handover, after this time, basic information will be given. Please bear in mind we close at 6.30pm and this is when staff shifts end, they are keen to go home after a long day.

### Books

If you have any unwanted story books at home we are more than happy to take them off your hands, we seem to get through books quickly, plus we love a new story. Unwanted items - if you have any unwanted items at home, such as things with buttons, flashing lights, keys to be honest anything you think is random, let us know, we might be able to take it off your hands, just ask us before you throw it away, that includes small world, toys and resources to. Thank you.

### Security

If you greet a parent at the door when entering or exiting, instead of closing the door you ask 'what's the password?' the answer will be the last three digits in the gate code. Please do not let anyone in that you do not know

### 2 Year old progress check

If your child is turning two, make sure you contact us about the 2 year old progress check.

### Allergies

I would like to remind parents that we request children do not enter the nursery eating any outside food. This is due to having children with serious allergies. Please respect that we are doing it for the best interests of the children.



### **Infectious disease policy**

At aspire day nursery we have introduced an infectious disease policy that works in partnership with our existing policy - 6.2 Managing children who are sick, infectious, or with allergies

#### **Policy statement**

We aim to provide care for healthy children within the nursery without the risk of cross infection to children and practitioners. When a child is unwell they should not be left at nursery under any circumstances. If your child is unwell, please keep them at home so they can fully recover. When children come to nursery ill, it is unfair to expose their illness to the other children and practitioners. If practitioners continually get ill they are not at work, and this affects the well-being and relationships of all the children.

The setting has the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable

This policy is to safeguard the children against further spread of a disease. Whilst we seek and follow advice from the Health protection agency, we have our own policy in place.

#### **OUTBREAK – what we will do at the nursery**

- Any child who shows signs of an infectious disease or rash are required to be collected by parents immediately. We then ask you to have the infectious disease/rash confirmed by the doctor.
- We will not admit any child into the nursery with an infectious disease or rash whilst they have visible signs of an illness.
- We have and will remain cleaning and sterilising the nursery and toys daily, and will highly focus on areas of high risk.
- We will stop transitioning children where possible whilst meets legal requirements.
- Extra hand washing will be done during the day as well as using sanitiser, and we ask you to do this regularly at home as well.
- When and if we have an outbreak parents will be informed of this immediately by email.

#### **How you can help at home**

- Good hygiene is vital – please try to encourage children to cover mouths when coughing – wash hands after, as well as when sneezing. If your child brings toys in from home and they had had an infectious disease or rash, can you please make sure their toys are sterilised – washed at high temperature is material based before they are brought into nursery.
- Please use the sanitiser on entry to the nursery; this is located on the fence by the buggy shed.

<b>Illness</b>	<b>Exclusion required</b>
Antibiotics prescribed	24 hours of the course with at least 2 doses administered for medication that has not previously been prescribed (in order to attend nursery before we must have given at least one dose of the same type of antibiotic on a previous occasion)
Administration of calpol/nurofen or other pain relief	If you have given your child a medication that can mask illnesses within 8 hours of nursery they are not to attend that day. If you have a teething child, we suggest you administer alternative pain relief specifically that treats teething.
Chicken Pox	5 days from when the rash first appeared
Conjunctivitis	After medication
Diarrhoea/Sickness	48 hours clear
Diphtheria	2-5 days
E. coli	Excluded minimum of 48 hours – under 5s until evidence of microbiological clearance
Gastro-enteritis, food poisoning	48 hours or until advised by the doctor
Glandular Fever	Until certified well
Hand, Foot and Mouth disease	During acute phase and while rash and ulcers are present
Head lice (Pediculosis)	Until treatment has been given
Hepatitis A	5 days from onset of jaundice & when recovered
Hepatitis B	Until clinically well
Impetigo	Until the skin has healed
Infective hepatitis	7 days from the onset
Measles	7 days from when the rash first appeared
Meningitis	Until certified well
Mumps	5 days minimum or until the swelling has subsided
Norovirus	48 hours clear
Plantar warts	Should be treated and covered
Poliomyelitis	Until certified well
Ringworm of scalp	Until cured
Ringworm of the body	Until treatment has been given and covered
Rubella (German Measles)	5 days from onset of rash
Salmonella and Dysentery	24 hours or until advised by the doctor
Scabies	Until treatment has been given
Scarlet fever and streptococcal	5 days from the start of the treatment
Tuberculosis	Until declared free from infection by a doctor
Typhoid fever	Until declared free from infection by a doctor
Warts (including Verrucae)	Exclusion not necessary, should keep feet covered.
Whooping cough (Pertussis)	5 Days from antibiotic treatment or 21 days from onset of illness if no antibiotic treatment

**This list is not exhaustive and we may add and change as we see fit. All infectious illnesses should be confirmed by a doctor.**